

PLANNING CORRIGÉ - CQP INSTRUCTEUR FITNESS MPT - ATP FORMATION - SEPTEMBRE 2026

Début : 01/09/2026 - Fin centre : 21/12/2026 - 4h par jour - Jours fériés fermés - Distanciel uniquement le mercredi

Semaine	Mois	Lundi	Mardi	Mercredi	Jeudi	Vendredi
36	SEPT		01/09 BC2 - 4h	02/09 BC3 D - 4h	03/09 BC2 - 4h	04/09 BC2 - 4h
37	SEPT	07/09 Stage / autonomie 0h centre	08/09 BC2 - 4h	09/09 BC3 D - 4h	10/09 BC2 - 4h	11/09 BC2 - 4h
38	SEPT	14/09 BC2 - 4h	15/09 BC2 - 4h	16/09 BC3 D - 4h	17/09 BC2 - 4h	18/09 BC2 - 4h
39	SEPT	21/09 Stage / autonomie 0h centre	22/09 BC2 - 4h	23/09 BC3 D - 4h	24/09 BC2 - 4h	25/09 BC2 - 4h
40	SEPT	28/09 BC2 - 4h	29/09 BC2 - 4h	30/09 BC3 D - 4h	01/10 BC2 - 4h	02/10 Stage / autonomie 0h centre
41	OCT	05/10 BC2 - 4h	06/10 BC2 - 4h	07/10 BC4 D - 4h	08/10 BC2 - 4h	09/10 BC2 - 4h
42	OCT	12/10 BC2 - 4h	13/10 BC2 - 4h	14/10 BC4 D - 4h	15/10 BC2 - 4h	16/10 Stage / autonomie 0h centre
43	OCT	19/10 BC2 - 4h	20/10 BC2 - 4h	21/10 BC4 D - 4h	22/10 BC2 - 4h	23/10 BC2 - 4h
44	OCT	26/10 Stage / autonomie 0h centre	27/10 BC2 - 4h	28/10 BC4 D - 4h	29/10 BC2 - 4h	30/10 BC2 - 4h
45	NOV	02/11 BC2 - 4h	03/11 BC2 - 4h	04/11 BC4 D - 4h	05/11 BC2 - 4h	06/11 BC2 - 4h
46	NOV	09/11 Stage / autonomie 0h centre	10/11 BC2 - 4h	11/11 FERMÉ Férié national - Armistice	12/11 BC2 - 4h	13/11 BC2 - 4h
47	NOV	16/11 BC2 - 4h	17/11 BC2 - 4h	18/11 BC5 D - 4h	19/11 Stage / autonomie 0h centre	20/11 BC2 - 4h
48	NOV	23/11 BC2 - 4h	24/11 BC2 - 4h	25/11 BC5 D - 4h	26/11 BC2 - 4h	27/11 BC2 - 4h
49	NOV	30/11 BC2 - 4h	01/12 BC2 - 4h	02/12 BC5 D - 4h	03/12 Stage / autonomie 0h centre	04/12 BC2 - 4h 4h centre
50	DEC	07/12 BC2 - 4h	08/12 BC2 - 4h	09/12 BC5 D - 4h	10/12 BC2 - 4h	11/12 BC2 - 4h
51	DEC	14/12 Stage / autonomie 0h centre	15/12 BC2 - 4h	16/12 BC5 D - 4h	17/12 BC2 - 4h	18/12 BC2 - 3h BC5 - 1h
52	DEC	21/12 BC3 - 1h BC4 - 1h				